

# One Foot on Sand

By Justin Kawika Young

Intro:

F Gsus F Am F

A | -0-3---0-3---  
E | -1---3-1---3- (Play 2X)  
C | -0-----0-----  
G | -2-----2-----

(Continue picking part and chords throughout oli (chant))

Oli:

Eia Hawai'i (Behold Hawai'i)

He moku (An island)

He kanaka (A man)

He kanaka Hawai'i e (A Hawaiian man)

'Anno'ai me ke aloha nui e Hawai'i (Greetings with great love Hawai'i)

Aloha no e ku'u one hanau e, (Love indeed to Hawai'i the sands of my birth)

Aloha e, aloha e, aloha e (Love...)

F Gsus\* F Am F

On my own, on the wind

F Gsus F Am F

A moment ends and one begins

F Gsus F Am F

Sense of freedom over the sea

F Gsus F Am F

But I watch my home get further from me

Bb C

Sometimes I reach to meet the clouds

F C

But I always keep one foot on the ground

F Gsus Am F (X2)

F Gsus F Am F

My horizons widening

F Gsus F Am F

But nights are cold here, sometimes lonely

F Gsus F Am F

Eyes are open, so much to see

F Gsus F Am F

But sometimes they long for familiarity

Bb C  
And away on distant lands  
F C  
I always keep one foot on the sand

F Gsus F Am F (X2)

'Ano'ai me ke aloha nui e Hawai'i  
Aloha no e ku'u one hanau e hanau e (X2)

Aloha e, aloha e, aloha e

F Gsus F Am F  
Holidays bring me home  
F Gsus F Am F  
My appreciation has grown  
F Gsus F Am F  
Warmer waters, smaller pond  
F Gsus F Am F  
But some things here circle on  
Bb C  
Sometimes I reach to meet the clouds  
F C  
But I always keep one foot on the ground

F Gsus F Am F (X2)

Bb C  
And away on distant lands  
F C  
I always keep one foot on the sand

Oli

F: 2010

Gsus: 2030 \*(I think this chord is called Gsus2sus4/A, but that's kind of long, so I'll call it Gsus for this song)

Bb: 3211

C: 5433